Dear Parents,

We are lucky to have secured a spot at the Surf Awareness Course through Surf Educate Australia. This excursion supports outcomes in the PDHPE Syllabus and teaches essential life skills suited to the Australian lifestyle and beach culture. This excursion will take place on Thursday 8 December 2016 at Dee Why Beach. Programs are geared to students needs and are dependent on the students’ age, swimming ability and participation in this course in previous years. This program is fully endorsed by the State Association of the Surf Life Saving Association of Australia and has the support of the NSW Department of Education. Each group of students will be under the supervision of an instructor, a water safety lifeguard and a teacher at all times.

Details are as follows:

**Date:** Thursday 8 December 2016

**Venue:** Dee Why Beach

**Travel:** Students will travel to and from Dee Why by bus.

**Time:** Students are to meet under the COLA at 8:30am. The bus will depart school at 8:45am and will return to school by 3:00pm.

**Cost:** $50.00 – This covers course fee and bus fare.

**What to wear:** Students will need to wear their sports uniform including swimmers and clothing that provides protection from the sun including a hat. Sunscreen is to be applied before school and will be reapplied during the day. A wet shirt will be provided for use on the day.

**What to bring:** Towel, thongs, crunch & sip, morning tea, lunch and a refillable water bottle. Please ensure all items are clearly labelled with your child’s name and class.

**LEVEL 1 PROGRAM COVERS SUCH SAFETY ASPECTS AS:**
- Surf Awareness: rips, sand banks, flagged areas, surfcraft area, signalling and basic assistance techniques.
- Surf Club Tour: discussion with Lifeguards, rescue equipment display, statistics.
- Surf Orientation: flotation, treading water, stroke correction, under surface technique, aquatic confidence.
- Surf Skills: wading, dolphining, using green and broken waves, use of foam boards and use of waves to come ashore.

**LEVEL 2 PROGRAM COVERS THE ADDITIONAL ASPECTS OF:**
- Surf negotiation in deeper water
- Rip orientation, rip escape on foam boards
- Dolphin dive
- Board rescue

**LEVEL 3 AND LEVEL 4 PROGRAMS**
For students who have attended in previous years and have completed their Level 1, 2 and 3 courses. These courses build on previous knowledge and teach more advanced surf skills.

Please complete and return the attached permission note and Participant’s Information Form together with payment information to the school in an envelope marked “Surf Educate” by Friday 25 November 2016 to ensure a place on this very popular excursion as there are limited spots available.

Ms Dayhew
Assistant Principal

Mr D’Amore
Principal
I give permission for my child ………………………………………………………………………… of class………………to participate in the Surf Educate Program at Dee Why Beach on Thursday 8 December 2016 and to travel to and from Dee Why by bus. I understand that students will be under the supervision of qualified Life Guards, Instructors and teachers at all times. Students will enter shallow surf.

I would like my child to participate in the following level. Please check below and tick the level of Surf Awareness Certificate that your child should complete in 2016.

- Level 1 For all Year 3 students and any other students from Years 4-6 who have not previously attended Surf Educate.
- Level 2 For Years 4-6 students who have already completed their Level 1 Certificate.
- Level 3 For Year 5-6 students who have completed both their Level 1 and Level 2 Certificates.
- Level 4 For Year 6 students who have completed Level 1, 2 and Level 3 Certificates

My child can competently swim …………………. metres.

Parent/Guardian Name (please print): ……………………………………………………………

Parent/Guardian Signature: ……………………………………………………………………..  Date: ………………

My Child has the following medical conditions: ……………………………………………………………………….

☐ I have made an online payment of $50.00. My receipt number is: ……………………………………

Or

AMOUNT PAID $……………………

PLEASE TICK PAYMENT METHOD

☐ CASH  ☐ CHEQUE  ☐ CREDIT CARD (COMPLETE DETAILS BELOW)

EXPIRY DATE  

CARDHOLDER NAME…………………………………………………………………………………

CARDHOLDER SIGNATURE…………………………………………………………………………………