### Coming up...

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Wed 6 Aug</td>
<td>Field Events&lt;br&gt;Carnival 11.40-3.00pm</td>
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<td></td>
<td>After School Sport&lt;br&gt;K-2 3.15-4.15pm</td>
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<td>Thurs 7 Aug</td>
<td>Assembly 2pm</td>
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<td>After School Sport&lt;br&gt;3-6 3.15-4.15pm</td>
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<td>Fri 8 Aug</td>
<td>PSSA</td>
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<td>K-2 Excursion to Sydney Aquarium</td>
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<td>Environment Club 1.30pm</td>
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<td>Mon 11 Aug</td>
<td>CTA rehearsal</td>
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<td>Tues 12 Aug</td>
<td>ICAS Maths 8am start</td>
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<td>P&amp;C Meeting 7.30pm in the hall</td>
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<tr>
<td>Wed 13 Aug</td>
<td>After School Sport&lt;br&gt;K-2 3.15-4.15pm</td>
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<tr>
<td>Thurs 14 Aug</td>
<td>Peer Support</td>
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<td>PULSE</td>
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<td></td>
<td>After School Sport&lt;br&gt;3-6 3.15-4.15pm</td>
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<td>Fri 15 Aug</td>
<td>PSSA</td>
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<td>Tues 19 Aug</td>
<td>Spelling Bee School Finals</td>
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<td>Wed 20 Aug</td>
<td>Duncan Ball visit</td>
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<td>After School Sport</td>
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### Open Day 2014

Last Wednesday we celebrated Education Week. The day's events showcased the fantastic skills and achievements of our students, staff and parents. I'd like to thank everyone who contributed or participated to make the day as special as it was. It was great to see so many parents, grandparents, brothers and sisters supporting our school.

A special thank you also to all those parents who helped at our special morning tea or those who donated cakes or money. The P&C raised just under $280 which will be donated to Westmead Children's Hospital on behalf of the Kim Family.

### Athletics Carnival

Our Athletics Carnival was successfully held at Barton Park last Thursday 31 July. It was great to see so many parents and grandparents in attendance. Thank you to everyone who helped out during the day, money raised from the sausage sizzle will go towards Year 6 fundraising for 2014.

### Camp Quality Puppet Show

The Camp Quality Puppet show was a big hit last Friday. The show used puppets to deliver a fun and positive message about supporting children living with cancer and other serious illnesses. In addition to being entertained by this great show, we were very lucky to be visited by celebrity, Tim Dormer, last year's winner of Big Brother. Tim came to Oatlands Public School as an ambassador for Camp Quality. Our excited students had a ball spending time with Tim and taking him on a special tour of our Vegetable Garden.

### Outside of School Hours (OOSH) service at Oatlands Public School

As most people are aware, we have been working hard to get an OOSH service up and running at our school. The application process should be completed in the coming weeks and I will be in a position to announce the successful company very soon. It is envisaged that the service will be able to commence in Term 4. Enrolment packs and other key information will be available shortly and the OOSH staff will be holding meet and greet sessions to answer any questions and speak to parents and the school community this term.

### Absent Notes

Thank you to those parents who provide an explanation when their child is absent from school. The school must be notified within 7 days of the absence. Copies of absent notes are available on our website under "Notes".

### P&C Meeting

Our next P&C Meeting will be held next Tuesday at 7.30pm in the school hall. I look forward to seeing you all there.
School Swimming and Water Safety Program 2014

A reminder that permission slips and payment for the School Swimming Scheme are due on Friday 22 August. This most valuable program will take place at Parramatta Pool from Monday 8 September to Friday 19 September 2014. The Department of Education and Communities School Swimming Scheme is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival. The Scheme is conducted over ten days for 45 minutes each day. This year we are able to offer 59 positions for students to participate.

I strongly encourage all students in Years 2 to 6 to participate in this scheme, particularly students who have not reached a satisfactory standard of water safety and survival skills, and are unable to swim 25m confidently unaided in deep water. Priority will be given to weak swimmers but all students are encouraged to participate. Please look on the website under “notes” if you require another copy of the note sent home earlier this term.

Celebrating the Arts Concert- Monday 1 September 2014

Tickets for the Celebrating the Arts Concert are now on sale. The cost is $18.00 per ticket and tickets can be purchased three ways:

- directly from the Riverside Theatre in person
- by phone (8839 3399)
- on-line at www.riversidetheatre Parramatta.com.au

PULSE

PULSE is on Thursday 14th August at the Sydney Opera House. Tickets can be purchased in three ways:

1. On line at the Sydney Opera House Website: http://www.sydneyoperahouse.com. On line bookings are available 24 hours a day, seven days a week.
2. By telephone on 9250 7777 from 9:00am – 8:30pm
3. In person at the Sydney Opera House Box Office Foyer, Level 1, which is open from 9:00am – 8:30pm Monday to Saturday and from one hour before Sunday performances.

Author Visit Duncan Ball
Tuesday 20 August, 2014

To celebrate Book Week, we will be welcoming a very special visitor- multiple award winning author, Duncan Ball. Duncan Ball is the author of many award winning and shortlisted books such as the Selby series, Emily Eyefinger and The Piggotts. He has also written a picture book and a book of poetry. As such a popular author Duncan has much to offer our students about writing stories and creating characters. He will no doubt bring along the humour he writes into his books to entertain students and enthuse them into get excited about reading. Please sign the permission slip on the bottom of the note sent home earlier this term and return to school with payment in an envelope marked “Author Visit” by Friday 15 August 2014. Spare notes can be found on the school website.

In addition to the author visit we will be holding a book parade on Thursday 21 August, a separate note will be sent home this week.

Fathers’ Day Stall

The P&C will be running a Father’s Day Stall on Thursday 4 September 2014 where students will be able to purchase a small gift. Donations of non-perishable food items, suitable for hampers are requested, such as biscuits and canned food items. Donations of baskets would also be most helpful. Please send donations with your child. Each class has a box for collection of gifts. We will also be asking for parent helpers for this day, your assistance will be most appreciated.

100 Days of Kindy

Kindergarten students have now completed 100 days of school. Everyone was excited to remember what they were like before coming to school and celebrate how much they have learnt and changed. Mrs Perrott, Mrs Ritchie and Miss Price are very proud of the progress each child has made. Congratulations on being 100 days smarter.

Mr D’Amore
Principal
Making Decisions
Children often focus on immediate wants and don’t consider long-term consequences. They need adult guidance to develop their decision making skills. Parents and carers can prompt good decision-making by identifying appropriate choices for children to make and using questions to help them think through the steps.

To learn to use decision-making skills children need to be shown how to use the steps and be given opportunities to practise them. Practice and experience are necessary for building skills.

It is important to remember that children’s thinking skills develop gradually and so does their capacity for planning ahead and weighing up options in order to make decisions. Children do not learn to make good decisions overnight. They need to start with simple things.

**How parents and carers can help**
- Give children a choice between two options. This helps to make decisions manageable.
- Limit the number of choices to ones that are realistic for children to make (depending on their age and ability).
- Encourage children to give reasons for their choices. This teaches them to think through their decisions.
- Ask, “Is that a good idea?” or “Do you think that will work?” Instead of saying, “This is what you should do,” ask “What about this?” Asking encourages children to develop their own judgment.
- Listen with interest to children’s explanations. Learning to explain their thinking helps children think better.
- Give children a role in family decisions, for example, when planning activities or deciding on household jobs. This helps children learn how to make decisions that take others into account.

**PBL**
This fortnight students have been learning to wear the full school uniform with pride. This includes wearing black school shoes, grey socks or black stockings and the correct school shirts, jackets and jumpers. Please help your child to come to school dressed in the correct uniform. If you have any questions please speak to our friendly staff.

Miss Gould
AFL PSSA

Both teams are going from strength to strength! All players have shown a determination to win, dedication to the team, great sportsmanship and exceptional behaviour representing Oatlands Public School. Every player has shown improvement in their ability, tactics and their understanding of the rules. Both teams are playing more as a team and are enjoying the game of AFL. A HUGE effort from Curtis this week who scored his first 6 point goal. WELL DONE!

In Round 9 we played Parramatta North Public School. The junior team continue their domination of the competition winning 53-6 and the seniors lost 26-14. A HUGE thank you to Patrick, who continues to back up each week for the senior team and to Marcel, Gabriel and Rohan who continually offer their assistance. It is a pleasure to take all the boys each week to PSSA!

Most Valuable Player
Aaron (senior team) and Rohan (junior team)

It's great to see parents come and watch, if you are available please feel free to come and cheer us on.

Ms Dayhew

Last Tuesday 29th July our Years 3 and 4 Students went on an excursion to Muogamarra Reserve. The students learnt a lot and a great time was had by all.
Mrs D’s Library Lounge

Book Fair

What a success Book Fair was this year. Benefits from sales at the fair go towards purchasing new books for the library and also this year we will be making a donation to Westmead Children’s Hospital.

Thank you to our parent helpers Mrs Moore, Mrs Lee and Mrs Chandler who went home with sore hands after writing out many, many raffle tickets. Staff members; Ms Gould, Mrs Marshall, Mrs Ritchie and Mrs Partridge all deserve a special mention for their efforts as well. The fair could not have run without this support.

Donations- We were extremely fortunate to have had families donate books to our library this year. We thank the family of Yasmin, Max P, Luke and Jesse and Madison and Ashton for their kind book gifts. They will be greatly appreciated by our students.

Raffle- Congratulations go to Valentina, Ivana and Isaac who were the lucky winners of our Book Fair Raffle. These three students were able to choose an extra $20 worth of free books from book fair.

It really was a wonderful site to see with so many parents coming to support the school by visiting the Fair. It makes me very happy to know that lots of Oatlands students will have some fantastic new books to relax, read and enjoy at home.

The more that you read,
the more things you will know.
The more that you learn,
the more places you’ll go.

Dr. Seuss
Live Life Well at School

Back to School Healthy Lunchboxes

With the kids back at school it is time to look at what your kids are having for lunch. Kids need a healthy lunch to help them to concentrate through the rest of the school day. As kids eat most of their lunches at school, the foods available set the standard for what is considered normal. If it’s not healthy, they’re getting the wrong message each day.

There has been a significant change for the better in school canteens over recent years. Fresh Tastes @ School is a NSW Government initiative that aims to see healthy, delicious foods and drinks served at all public and some private school canteens. Tell your kids to choose the foods colour-coded green.

Here are some ideas for tasty but healthy lunchboxes:

- Fruit is essential each day - bananas, apples, mandarins, grapes and berries are no fuss items. You can use tubs or canned fruit but look for the ones in natural unsweetened juice rather than syrup.
- Carrots or cherry tomatoes are easy snacks.
- A frozen water bottle keeps food fresh and gives kids a cool, healthy drink.
- If your kids complain about soggy sandwiches try low fat, wholemeal, crispbreads and crackers.
- Check the fat and sugar content of muesli or cereal bars. They should be eaten as a treat rather than a daily snack.
- Make one day of the week “Treat Day” so you don’t get nagged into buying treats every day – a good compromise!

From the Office

Flu season is here!

Influenza is spread from person-to-person through the coughing or sneezing of infected people. Remind your child about these good hygiene practices to minimise the spread of infection:

- Anyone who is sick with influenza symptoms should stay home until their symptoms are gone.
- Cover the nose and mouth with a tissue when coughing or sneezing. Throw the tissue in the garbage bin after use.
- Wash hands often with soap and water, especially after coughing or sneezing. Alcohol-based hands cleaners are also effective.
- Avoid touching eyes, nose or mouth. Germs spread that way.

If you or your child develops influenza-like illness, seek the advice of your family doctor as you would with any other illness.

The seasonal influenza vaccine, which protects against the pandemic influenza strain as well as two other influenza strains, is now available free to eligible people. More information about the vaccine is available from the NSW Health Immunisation Unit’s vaccination page.

Previous vaccination with the pandemic influenza vaccine, Panvax® is not a barrier to also receiving the seasonal influenza vaccine.
Teachers and parents are running together to help a charity that is very close to our hearts. On the 21st of September we will be running 9kms to raise much-needed funds to provide the best care and support to children and their families. Donations also help fund research into the causes, cures and improved treatments for childhood illnesses.

Support Westmead Children’s Hospital and Bear Cottage by donating though our school fundraising page.


Or scroll down on the fundraising website to donate to your favourite runner and leave them a message of encouragement.

Ms Price is turning her life upside down to get donations.

Miss Gould is bending over backwards to help Westmead Children’s hospital.

**Donate and Win**

Everyone who donates goes into the draw to win 2 Event Cinema movie tickets.
Camp Quality Puppet Show and Tim Dormer

Open Day and K-2 Athletics Carnival
100 Days of Kindergarten
Congratulations to the following students who have been elected as their class Student Representative Council members for Semester Two.

K Swimming  Sofia  Blake
K/1 Hockey  Bryony  Ryan
1/2 Gymnastics  Grace  Juney
2/3 Triathlon  Valentina  Brian
3/4 Marathon  Jenny  Samuel
4/5 Athletics  Mayra  Aaron
5/6 Heptathlon  Madina  Doosun
Oatlands Awards Week 2 – “Thinking about Thinking”

K Swimming: Raha
K/1 Hockey: Armita
1/2 Gymnastics: Elise
2/3 Triathlon: Christian
3/4 Marathon: Jenny
4/5 Athletics: Harry
5/6 Heptathlon: Connor

Class Awards:
K Swimming: Jessie
K/1 Hockey: Joshua, David
1/2 Gymnastics: Alanah, Terry, Alexander
2/3 Triathlon: Natasha, David, Jordan
3/4 Marathon: Sebastian, Demi, Sean
4/5 Athletics: Ethan, Aran, Ashley
5/6 Heptathlon: Brandon, Katy, Isaac

Veggie Garden Volunteers

We are looking for a few extra helpers to assist students in our Environment Club on Fridays in the veggie garden.

Activities include:
- Growing fruit and veggies
- Seed raising and seed saving
- Composting and worm-farming
- Organic pest control
- Holding our seasonal produce stall

Fridays 1.30-2.00
in the veggie garden

Please let Mr D’Amore know if you can help out.

Bear Award Winner: Ryan K/1H